



Dear Parents/Carers,

Bike Right will soon be coming to your child's school to run a Bikeability Learn to Ride session.

## What is Bikeability Learn to Ride?

Bikeability is the government's national cycle training programme. **There is no cost to take part.** Learn to Ride is for children who would like to ride a cycle independently but currently can't balance and/or pedal without stabilisers. The session normally lasts for two hours on the school playground. Pupils do not leave the school premises.

### What will my child need?

- A signed consent form. Please complete on the next page and return to school at least one week before the first day of the course
- A cycle helmet
- **Appropriate clothing.** It is important, especially during the cooler months, that children wear gloves and warm, dry clothing as they will be outside during their session. We recommend wearing a waterproof!
- A cycle that is ready to ride. Please follow the simple guide below to check whether your child's cycle is suitable. See law on the use of e-bikes <a href="https://www.gov.uk/electric-bike-rules">https://www.gov.uk/electric-bike-rules</a>



Please note that children cannot take part if their bikes are considered unsafe.

Bike Right typically loan schools bikes for Learn to Ride sessions. If you aren't sure if this is case, please speak to your school contact directly. Access to a cycle shouldn't be a barrier in learning to ride!

**Bikeability is for all!** If your child requires any reasonable adjustments to take part in their school's Bikeability session, please just let us know! You can either speak to your school contact who is arranging the training or get in touch with Bike Right directly on the contact details below.





# **Bike Right Bikeability Learn to Ride Consent Form**

Please complete and return to school

School Name		
Rider Full Name	Age	
Gender	Year Group	
Ethnicity	Pupil Premium	
SEND/Medical		

### Terms and Conditions for school cycle training

Parent / Carer please read carefully. If you agree, please sign the consent form.

- This consent form **MUST** be signed by the child's parent / carer.
- All trainees **MUST** wear an approved cycle helmet while undertaking the training.
- Training takes place entirely on the school premises.
- Training will cover introductory aspects of learning to ride. It does not cover riding on the road or with other road users.
- I agree that the instructor(s) can adjust my child's cycle if necessary.
- I am responsible for providing my child with suitable clothing for cycling.

### I have read, understood and agree to the Terms and Conditions above.

Name	Contact Number(s)	
Signature	Date	

To find out more about Bikeability: www.bikeability.org.uk/about/

**Privacy and data security:** At Bike Right we're committed to protecting and respecting your privacy. Read our Privacy policy here: <a href="www.bikeright.co.uk/legal/privacy/">www.bikeright.co.uk/legal/privacy/</a>