



Dear Parents/Carers,

Bike Right will soon be coming to your child's school to run a Bikeability Balance session.

## What is Bikeability Balance?

Bikeability is the government's national cycle training programme. There is no cost to take part.

Bikeability Balance is aimed at children in Reception and Year 1.

It is a fun session aimed at developing cycle handling and awareness skills. Sessions will take place on the school premises, either on the playground or in the hall.

### What will my child need?

- A signed consent form. Please complete on the next page and return to school at least one week before the first day of the course.
- All equipment is provided by Bike Right, so you do not need to bring a bike or helmet for your child.
- If the session is outside, please make sure your child has suitable clothing for the weather.

### Bikeability is for all

If your child requires any reasonable adjustments to take part in their school's Bikeability session, please just let us know! You can either speak to your school contact who is arranging the training or get in touch with Bike Right directly using the contact details below.





# **Bike Right Bikeability Balance Consent Form**

Please complete and return to school

Age	
Year Group	
Pupil Premium	
	Year Group

### Terms and Conditions for school cycle training

Parent / Carer please read carefully. If you agree, please sign the consent form.

- This consent form **MUST** be signed by the child's parent / carer
- All trainees MUST wear an approved cycle helmet while undertaking the training
- Training takes place entirely on the school premises
- Training will cover introductory aspects of learning to balance independently, it does not cover learning to ride on the road or with other road users
- I am responsible for providing my child with suitable clothing for cycling

I have read, understood and agree to the Terms and Conditions above.

Name	Contact Number(s)	
Signature	Date	

To find out more about Bikeability: <a href="www.bikeability.org.uk/about/">www.bikeability.org.uk/about/</a>

**Privacy and data security:** At Bike Right we're committed to protecting and respecting your privacy. Read our Privacy policy here: <a href="www.bikeright.co.uk/legal/privacy/">www.bikeright.co.uk/legal/privacy/</a>